

# Lab Wellness Program



Stewart Memorial Community Hospital offers wellness laboratory testing to the public. This lab testing service allows the public to choose from a select list of lab tests which are available without a doctor's order. The results will help patients monitor their own health.

**Schedule your appointment at one of our McCrary - Rost clinics.**

## Dayton

24 South Main, Dayton IA, 50530

**(515) 547-2974 Available 3rd Wednesday of each month 8:30-10:00 a.m.**

## Gowrie

1800 Main

Gowrie, IA 50543

**(515) 352-3891**

**Available 4<sup>th</sup> Tuesday of each month 8:30-10:00 a.m.**

## Lake City

1351 West Main St

Lake City, IA 51449

**(712)-464-7907**

**800-560-7500**

**Available 2<sup>nd</sup> and 4<sup>th</sup> Tuesday of each month 7:30-9:00 a.m.**

## Lake View

1160 3<sup>rd</sup> Street

Lake View, IA 51450

**(712) 665-8555**

**Available 4<sup>th</sup> Tuesday of each month 7:30-10:00 a.m.**

## Rockwell City

505 East Lake Street

Rockwell City, IA 50579

**712-297-8989**

**Available 4<sup>th</sup> Tuesday of each month 7:30-10:00 a.m.**



**Place an "X" on the wellness test you request(s)**

**Hematology Wellness \$15**

White Blood count, Red Cell count, Hemoglobin, Hematocrit, Platelet count. This looks for anemia, infection, and other blood diseases.

**Glucose Wellness \$10**

Determine if your blood sugar level is within a healthy range and to screen for hypoglycemia, diabetes, and pre-diabetes.

**Electrolyte Wellness \$15**

Sodium, Potassium, Chloride, and Bicarbonate. Detects a problem with the body's fluid and electrolyte balance.

**Lipid Wellness \$20**

Cholesterol, Triglyceride, HDL Cholesterol, LDL-Calculated  
These tests have been shown to be good indicators of someone is likely to have a heart attack or stroke caused by blockage of blood vessels or hardening of the arteries by cholesterol.

**TSH (Thyroid Test) \$15**

Screen for thyroid disorders.

**PSA (Prostate Specific Antigen- males only) \$20**

Screen men 50 and older for prostate enlargement or cancer.

**Basic Metabolic Panel \$20**

Includes Glucose, Calcium, Electrolytes, and Kidney function tests (Blood Urea Nitrogen and Creatinine).

**Complete Wellness \$35**

Combo of the Hematology, Lipid, and Basic Metabolic Wellness tests.

**Liver Wellness \$20**

Panel to check the function of your liver

**You must fast from 10:00 p.m. the night before, except for water and usual medications.**

**BY SIGNING YOUR CONSENT, YOU:**

- Allow your blood to be drawn and tested.
- Payment is due in full at the time of service. No other billing will occur to any third party.
- Provide your physician or medical provider with the results.
- SMCH will attempt to reach you by phone at the number you provide if abnormal results fall within the criteria established by SMCH as a critical value.
- Lab results will be mailed to the address you have provided.
- Lab results will be made part of your medical record.
- The lab DOES NOT interpret results and DOES NOT practice medicine/offer treatments.
- Accept our privacy practices which meet all applicable state and federal requirements.
- Consent to follow-up testing (at no charge) if an accidental risk exposure to your blood occurs.
- Parent or guardian must accompany anyone under age 18.

Name: \_\_\_\_\_ Birthdate: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone #1: \_\_\_\_\_ Phone #2: \_\_\_\_\_

Signature \_\_\_\_\_ Date: \_\_\_\_\_

***Thank you for choosing Stewart Memorial Community Hospital and McCrary Rost Clinics for your Health Care Needs!***