Rehab Therapy Team

Pictured are: (front row, left to right) Lisa Findley, M.S., OTR/L, Sharon Miller, Candy Morrow, Patrice Claiborne, Ann Riat, M.P.T., (back row, left to right) Kay Crabb, M.P.T., Bob Arnold, P.T., Bob Dickkut, P.T., and Jill Birks, M.P.T., A.T.C.

Missing from photo are: Laura Hejtmanek, D.P.T., Pearl Wuebker, P.T., A.T.C., Jeannie Capron, P.T.A., and Brittany Hammen

For more information call:

Stewart Memorial Community Hospital
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Occupational Therapist
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Stewart Memorial Community Hospital
Lake City, Iowa

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Occupational Therapy

Occupational Therapist
Lisa Findley, M.S., OTR/L

Physical Therapists
Bob Dickkut, P.T.
Bob Arnold, P.T.
Jill Birks, P.T., A.T.C.
Ann Riat, P.T.
Kay Crabb, P.T.
Laura Hejtmanek, D.P.T.
Pearl Wuebker, P.T., A.T.C.
Jeannie Capron, P.T.A.

Physical Therapy Techs
Candy Morrow
Patrice Claiborne
Sharon Miller
Brittany Hammen

Stewart Memorial Community Hospital prohibits discrimination in all services on the basis of race, color, national origin, gender, religion, age, disability, political beliefs, sexual orientation, and marital or family status.
Occupational Therapy Services at Stewart Memorial Community Hospital

“Our health care team is here to serve you and provide you with the best care”

Lisa Findley, Occupational Therapist, provides a variety of treatment for patients to perform activities of daily living such as dressing, bathing, feeding, and household chores, as well as, work and leisure activities.

SMCH Occupational Therapy department serves inpatients, outpatients, Area Home Health agencies, Opportunity Living and Shady Oaks.

Dizziness/Balance
- Patients with dizziness or vertigo due to an inner ear problem, often known as “ear rocks”.
- Treatment methods include:
  - Canalith Repositioning Technique
  - Eply Maneuver
  - Eye Exercises
  - Balance Exercises

Hand Disorders
- Patients with hand injuries, post-fractures, post surgeries, carpal tunnel syndrome, tendonitis, and arthritis.
- Treatment methods include:
  - Range of motion
  - Therapeutic activities
  - Massage
  - Paraffin wax treatment
  - Phonophoresis
  - Ultrasound
  - Iontophoresis
  - Hand splints
  - Strengthening exercises

Orthopaedic Patients
- Patients with hip or knee surgeries or other injuries.
- Treatment methods include:
  - Adaptive equipment
  - At home techniques used while dressing, transfers, cooking

Rehab Therapy
- Patients who have experienced a stroke or became weak through the course of an illness.
- Treatment methods include:
  - Arm Rehabilitation
  - Activities of daily life like dressing and grooming.
  - Fine motor coordination activities like writing.
  - Range of motion
  - Strengthening exercises Rehab Therapy

Home Visits
- Patients who are returning home from the hospital.
- Treatment methods include:
  - Evaluate home for safety
  - Adaptive equipment - tub seats, grab bars, or toilet risers are suggested.

Occupational Therapy Department
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