



**Stewart Memorial  
Community Hospital**  
1301 West Main Street  
Lake City, IA 51449

(712) 464-3171

1-800-262-2614

www.stewartmemorial.org



**McCrary Rost Clinic**  
1351 West Main Street  
Lake City, IA 51449

(712) 464-7907

1-800-560-7500

9/15/11

# Your Pregnancy at Stewart Memorial Community Hospital Lake City



*Delivering  
Excellent Care  
for You and Your  
Baby*



www.stewartmemorial.org

## Stewart Memorial Community Hospital Obstetrics Physicians

*10 reasons to deliver at*

### *Stewart Memorial Community Hospital*

**10.** Modern Birthing Suites

**9.** Wireless internet

**8.** Car seat inspections

**7.** Latest in medical and  
imaging technology

**6.** Over 130 years combined  
OB experience

**5.** Infant security system

**4.** Free educational classes

**3.** Classical music played in nursery

**2.** Compassionate team of  
Obstetric Doctors

**1.** Because our “Caring Hands”  
believe that every birth is more  
than a “Small Miracle”



**Dr. Araceli Amador, M.D.**  
Lake City and Lake View  
Family Medicine and Obstetrics



**Dr. Pablo Amador, M.D.**  
Lake City and Rockwell City  
Family Medicine and Obstetrics



**Dr. Derek Duncan, D.O.**  
Lake City  
Family Medicine and Obstetrics



**Dr. Susan Hornback, D.O.**  
Lake City  
Family Medicine and Obstetrics



**Dr. Adam Swisher, D.O.**  
Gowrie  
Family Medicine and Obstetrics

## Birth Center

Moms delivering at Stewart Memorial in Lake City are pampered with personalized attention in our modern labor and delivery suites. Suites are equipped with:

- Private bathrooms with full bath, shower and whirlpool
- Plush robe
- Extra sleeping accommodations
- Flat screen televisions
- Room Service
- Handicap Accessible

Free tours available by calling Jenni Macke at 712-464-3171.

*Our goal is to provide quality care throughout your pregnancy and help you have a joyful experience delivering a healthy baby.*



## Infant Security System

The Obstetrics department assures you and your baby is safe and sound. After birth, your baby will have a bracelet attached to his/her ankle, which is linked to a security station.



## Online Baby Nursery

We offer an online baby nursery to help families celebrate their newest addition. Newborn pictures are only posted if parents give consent. Online nursery can be found at [www.stewartmemorial.org](http://www.stewartmemorial.org)

## Labor and Delivery

Your room has everything needed to care for you and your baby.

Planned or emergency Cesarean delivery, is available at Stewart Memorial Community Hospital. A Board Certified surgeon is available 24 hours a day.

A Certified Registered Nurse Anesthetist is available 24 hours a day to administer Epidurals.



## Educational Classes

Oh Baby!

Early bird, Pre-Natal and Big Brother/Big Sister classes are FREE and open to all women planning or expecting a baby. First time mothers are expected to attend an Early bird or Pre - natal class. All other OB patients are urged to attend. Each class is held four times a year at Stewart Memorial Community Hospital in the Lower Level Conference Center. Call to register at 712-464-3171.

Caring Hands Closet

Caring Hands Closet offers Educational and social opportunities for parents. Classes are free to all pregnant women and parents with young children. By attending, parents earn points to shop in the "Closet". Caring Hands Closet is a fun way to earn rewards for taking care of yourself and your baby.

To learn more about our Educational classes visit [www.stewartmemorial.org](http://www.stewartmemorial.org).