

Stewart Memorial Community Hospital & Calhoun Co. Public Health

Community Health Needs Assessment Plan

2024-2027

Health Improvement Plan 2024

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For information about this plan contact:

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Priority #1	Mental Health Services		
Goal	Increase Access to Mental Health Services		
Baseline	9,920:1 mental health provider per Co Health Rankings		
Action Item	Responsible Party	Timeline	
Expand mental health therapy services to Rockwell City & Lake City	SMCH	June 2024	
South Central Calhoun (SCC) will continue collaboration with local providers to promote health resources and review student needs and offer referrals.	BRIC/SERT Groups; SMCH; CCPH	Ongoing	
Family Foundations will work towards becoming a “Model Parents as Teachers” evidence-based program to better support parents and children with mental health issues.	CCPH	July 2026	

Priority #1	Mental Health Services		
Goal	Reduce suicide rate		
Baseline	Iowa Suicide Rate = 17.5 per 100,000 per CDC Wonder		
Action Item	Responsible Party	Timeline	
Organize local mental health awareness walk	BRIC group	Ongoing – annually	
Organize “Slam the Stigma” basketball event	BRIC group	Ongoing – annually	
Implement Talk It Up, Lock It Up gun safety program in Calhoun County	CCPH; SMCH	July 2025	

Priority #1	Mental Health Services		
Goal	Reduce number of misuse of drugs and alcohol		
Baseline	Alcohol-impaired driving deaths 60% for Calhoun Co per Co Health Rankings		
Action Item	Responsible Party	Timeline	
Develop awareness campaign to share during October for National Substance Abuse Prevention Month	SMCH; CCPH	October 2024	
South Central Calhoun (SEE will access Opioid Settlement funding to implement an evidence-	SCC	July 2025	

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based student group for those affected by substance abuse and mental health		
Implement and promote SBIRT training in Calhoun County	CCPH; Opioid Settlement funding committee; SMCH	2024
Provide Narcan trainings for community members and local schools	CCPH; Opioid Settlement Funding committee	April/May 2024

Priority #2	Recreation/Wellness	
Goal	Improve health, fitness, and quality of life through increased access to exercise opportunities.	
Baseline	43% access to exercise opportunities per Co Health Rankings	
Action Item	Responsible Party	Timeline
Raise funds to build pickleball courts in Lake City	Park Board; Pickleball Committee	Summer 2024
Conduct survey for community input to identify interest in new amenities.	Park & Rec Board	2024 – meetings & survey
Post a list of free activities available for community use on websites.	CCPH; SMCH	May 2024
Obtain the required permit and financial backing to install a splash pad in Lohrville.	Lohrville Splash Pad Committee	2025
Offer community health and wellness classes in Calhoun County. Offer activity the activity during the winter months at the Activity Center located in Lake City.	Opportunity Living & Lake City Pickleball Ball Project Committee	2024
Research possibilities for unique exercise classes to be offered at the Activity Center gym and therapeutic pool. Including researching funding opportunities, programs, instructors, costs, and needs for the classes and the feasibility of it being available in our community.	Opportunity Living	2024

Priority #2	Recreation/Wellness	
Goal	Reduce Calhoun County obesity ranking by helping people eat healthy and get physically active.	
Baseline	40% Obesity ranking for Calhoun Co per Co. Health Rankings	
Action Item	Responsible Party	Timeline
Offer comprehensive nutrition program to include nutrition assessment and individualized physical activity program.	SMCH	2024

Priority #2	Recreation/Wellness	
Goal	Promote healthy and safe home environments.	
Baseline	9% of households experienced housing problems per Co Health Rankings	
Action Item	Responsible Party	Timeline

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Publicly share/advertise programs available through public health to have home water and air quality tested.	CCPH; SMCH	Ongoing
Implement housing assessment questionnaire to all families with children being tested at WIC	CCPH	January 2025
Offer increased in-home visual assessment to families with high-risk housing to prevent/decrease lead exposure and address other observed health concerns.	CCPH	January 2025

Priority #3	Access to Services	
Goal	Increase access to Ambulance Services, Childcare Services and Senior Living Services.	
Baseline	1 full-time ALS EMS crew for county 10 childcare centers per 1,000 children under age 5 per Co Health Rankings	
Action Item	Responsible Party	Timeline
Fully staff 3 EMS crews.	EMS; SMCH	Ongoing